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Advanced Martial Arts and Fitness

AMAF Dojo News

Guro Heikki returns to Western Australia as...

JUNE 2011

KSI team recruits new clubs

Kali Sikaran International (KSI) chief-at-arms Katalungan Guro Heikki Martikainen has returned to Western Australia and is assisting KSI Australia head and AMAF owner Mike Waite to open/recruit new schools to the Kali system. The newest group to take on the martial style is Wyatt's Mixed Martial Arts in Butler. A fourth school, in Padbury, has also expressed interest in joining the KSI team. A KSI state grading was held at AMAF last month with 20 students tested in phases one to three. Guro Heikki said he was impressed with the skill levels displayed. Best gradees were awarded training weapons, in preparation for their next phase levels.

Phase One gradee of the day was awarded an alloy training knife, phase two awarded an alloy Kampilan and phase three awarded an alloy Espada Y Daga set.

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KSI state grading: Phase 1 - Buddy Khouri, Katie McGlenn, Paul Riley, Joshua Sutton, Scott Thackrah; Phase 2 - Jamie Butler, Paul Collins, Tesse Hansen, Niklas Mittmann, Shannon Simpson, Jess Sandon, Dave Shoebridge, Hayden Scott, Amanda Smith, Bob Young, Briana Harris; Phase 3 - Ivo Vekemans, Richard Jackson, Sam Canalini.



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NOVICE BRAZILIAN JIU JITSU COMPETITION 2011

SUNDAY JULY 3rd

Novice White Division -
under 6 months training!
White, Blue, Purple and
Brown Divisions

Adults \$45.00
Children \$25.00 (under 15)
Spectators \$10.00 Adults
Spectators \$5.00 Children

Children start at 9.30 a.m.
Adults start at 11.00 a.m.

Weigh in from 9.00 a.m.

Competition Venue
University of WA Judo
Club Claremont Campus
Gym Cnr of Agest Rd and
Goldsworthy
Rd Claremont

ENTRIES NO LATER THAN 30/6/2011 - CONTACT 08 9344 7221 FOR INFORMATION.

Entries online www.mixedmartialarts.com.au
Post Entry forms to P.O. Box 176 Mirrabooka 6941 or drop them into The Academy of Mixed
Martial Arts - address on website.

KSI Grading contd.

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The weapons were purchased on the team's recent training camp in the Philippines. Training blades will also soon be available for purchase at AMAF.

Club owner Mike Waite said the shiny metal-look of the alloy training weapons provided the illusion of dealing with a live blade and therefore created a more realistic training environment.

Guro Mike also said students from all KSI clubs were encouraged to travel and train at other club locations to broaden their knowledge and share their skills within the organisation.



Gradees of the day:
1. Phase One - Joshua Sutton;
2. Phase Three - Sam Canalini;
3. Phase Two - Bob Young.

AMAF introduces new timetable

Time	Monday	Tuesday	Wednesday	Thursday	Fri.	Saturday	
9 - 10am	women's boot camp	women's boot camp	women's boot camp	women's boot camp	women's boot camp		
10am - 11:30am		Starts June 13					BJJ
12 - 2pm						Adrenaline MMA fighters	
4pm - 4:45	6-10 years Kids Karate senior blue belts and above (BJJ class)	6-10 years Kids Karate beginners to blue belts	6-10 years Kids Karate senior blue belts and above	6-10 years Kids Karate beginners to blue belts			
5pm - 6pm	11-15 years Brazilian Jiu Jitsu		11-15 years Mixed Martial Arts	11-15 years Muay Thai Kickboxing			
6pm - 7pm	Brazilian Jiu Jitsu	Kali Sikaran beginners & phase 1 levels	Muay Thai Kickboxing beginners level	Kali Sikaran beginners & phase 1 levels			
7pm - 8pm	Muay Thai Kickboxing beginners level	Kali Sikaran phase 1 & above	Muay Thai intermediate levels.	Kali Sikaran phase 1 & above			
8pm - 9pm	Muay Thai advanced levels	Kali Sikaran phase 2 & above	Muay Thai advanced levels	Kali Sikaran phase 2 & above			

Novice BJJ competition
Entry forms and flyers are now available at reception for students wanting to enter the novice BJJ competition to be held on July 3 at UWA in Claremont.

Muay Thai grading
An adults Muay Thai grading will be held at AMAF on June 25 starting at 10am. Please see instructors Mike or Chao for your grading requirements.

Hot Links:
Check out our links for all the latest club news, events and multimedia.

Web
www.amaf.com.au

Facebook
<http://tinyurl.com/nh6pb9>

YouTube
<http://www.youtube.com/renshiguro>

AMAF Photo Albums
<http://tinyurl.com/n76o5q>

ZDK WA
www.zdk.com.au

Private training with our world class team of martial experts

ZDK / Weapons:
Master Mike Waite
5th degree black belt ZDK / Muay Thai,
5th degree black belt Filipino Martial Arts.

BJJ / MMA: **Sensei Fabio Andrade**
Brazilian, GFTeam, third degree black belt
BJJ, black belt submission wrestling and
brown belt Judo.

Muay Thai: **Chao**
Former professional Thai
Fighter - The Saint Fighter has
over 260 Muay Thai fights

Reach your
potential!
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