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Advanced Martial Arts and Fitness

AMAF Dojo News

We are closed from Dec 19 and reopen on Jan 4, 2012

DECEMBER 2011

AMAF welcomes BJJ champ

Advanced Martial Arts and Fitness welcomed Grappling Fight Team (GFTeam) worldwide head Professor Julio Cesar Pereira to the club last month.

Professor Julio, along with Sensei Fabio, conducted a three hour Brazilian Jiu Jitsu seminar for adults and was guest instructor in several regular

AMAF classes. Professor Julio oversaw the promotion of several students to their next belt ranks including new junior yellow belts Ashley Villanueva and Riley Johnson and Adult blue belt Steve Zucal. Tino Lena was promoted to purple belt. AMAF looks forward to a return visit from Professor Julio late next year.



New yellow belt Ashley Villanueva



BJJ World Champion: Professor Julio and Sensei Fabio with seminar participants keen to learn new skills.



Yellow belt Riley Johnson



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Meet the team

Our world class martial experts

School Owner

Muay Thai / Karate / Kali / BJJ



Master Mike Waite

5th degree ZDK & BJC Muay Thai
5th degree Master Filipino Martial Arts
Club Trainer Kali Sikaran
Blue belt BJJ

Kali / BJJ for MMA / AMOK



Heikki Martikainen

5th degree Master Filipino Martial Arts
4th degree black belt Kali Sikaran
4th degree black Kempo
Brown belt BJJ

Brazilian Jiu Jitsu



Sensei Fabio Andrade

Brazilian, GFTeam Australia
3rd degree black belt BJJ
Black belt submission wrestling
Brown belt Judo

Muay Thai / Boxing



Chao Saksiriboon

Former professional Thai Fighter
'The Saint Fighter' has more than
260 Muay Thai fights
More than 65 boxing fights

Hot Links:

Check out our links for all the latest club news, events and multimedia.

Web

www.amaf.com.au

Facebook

<http://tinyurl.com/nh6pb9>

And follow the links to our other pages

- Adrenaline Mixed Martial Arts
- Kali Sikaran Australia
- GFTeam Australia

YouTube

<http://www.youtube.com/renshiguro>

ZDK WA

www.zdk.com.au

Around the dojo

Wishing everyone a happy Christmas and a safe, joyous holiday. The dojo will be closed from December 19 and reopens on January 4, 2012. Thankyou for your continued support and helping to make my dreams reality - **Mike Waite**.

It's our birthday!

AMAF will celebrate its fifth birthday with a student awards presentation on January 28 at the Balmoral Hotel, East Victoria Park. The fun gets under way at 2pm with awards presented around 4pm. Please let us know if you can come along and help us celebrate.

KSI Xmas Special

More than 50 people have signed up for the KSI Xmas camp to be held at Woodman Point on December 10 and 11. Camp sessions will cover a range of FMA skills and all are welcome. If you haven't booked but want to attend please contact Mike ASAP for session availability.

Students show precision, fitness

School owner Mike Waite has praised adult Thai boxing students after last month's grading event. "That was the best I've seen at our school," he said. "Chao has had a great impact on our team as high levels of fitness and technical precision were displayed. "Congratulations Chao and our team on a sensational grading." Next year will see some changes to the Thai syllabus with amendments to grading requirements and continued improvements to the training program. In the meantime, Chao is available for personalised training sessions for students wanting to work on fight skills or simply improve their fitness. Savings can be made with pre-paid passes and for group bookings.

- Personalised training for group sessions or one on one
- Boxing, Thaiboxing, Muay Boran
- Fitness or fight training
- Discount rewards for group bookings
- Prepaid 10 class discount pass

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Praise: Thai boxing students were praised on their grading performance.

Private training available - book your session today!